

# De Meeste Mensen Deugen Een Nieuwe Geschiedenis V

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## **The Eight Master Lessons of Nature** - Gary Ferguson 2019-10-22

A riveting manifesto for the millions of people who long to forge a more vital, meaningful connection to the natural world to live a better, more fulfilling life. Looking around at the world today—a world of skyscrapers, super highways, melting ice caps, and rampant deforestation—it is easy to feel that humanity has actively severed its ties with nature. It's no wonder that we are starving to rediscover a connection with the natural world. With new insights into the inner workings of nature's wonders, Gary Ferguson presents a fascinating exploration into how many of the most remarkable aspects of nature are hardwired into our very DNA. What emerges is a dazzling web of connections that holds powerful clues about how to better navigate our daily lives. Through cutting-edge data and research, drawing on science, psychology, history, and philosophy, *The Eight Master Lessons of Nature* will leave readers with a feeling of hope, excitement, and joy. It is a dazzling statement about the powers of physical, mental, and spiritual wellness that come from reclaiming our relationship with Mother Nature. Lessons about mystery, loss, the fine art of rising again, how animals make us smarter, and how the planet's elders make us better at life are unforgettable and transformative.

## **The Number Bias** - Sanne Blauw 2021-07-08

NOW WITH NEW PROLOGUE ABOUT DEMYSTIFYING CORONAVIRUS NUMBERS, DONALD TRUMP AND WHY STATISTICS MATTER MORE THAN EVER 'The Number Bias combines vivid storytelling with authoritative analysis to deliver a warning about the way numbers can lead us astray - if we let them.' TIM HARFORD Even if you don't consider yourself a numbers person, you are a numbers person. The time has come to put numbers in their place. Not high up on a pedestal, or out on the curb, but right where they belong: beside words. It is not an overstatement to say that numbers dictate the way we live our lives. They tell us how we're doing at school, how much we weigh, who might win an election and whether the economy is booming. But numbers aren't as objective as they may seem; behind every number is a story. Yet politicians, businesses and the media often forget this - or use it for their own gain. Sanne Blauw travels the world to unpick our relationship with numbers and demystify our misguided allegiance, from Florence Nightingale using statistics to petition for better conditions during the Crimean War to the manipulation of numbers by the American tobacco industry and the ambiguous figures peddled during the EU referendum. Taking us from the everyday numbers that govern our health and wellbeing to the statistics used to wield enormous power and influence, *The Number Bias* counsels us to think more wisely. 'A beautifully accessible exploration of how numbers shape our lives, and the importance of accurately interpreting the statistics we are fed.' ANGELA SAINI, author of *Superior*

## **Philosophy for a Better World** - Floris Van Den Berg 2013-06-04

You won't see the world in the same light after reading this urgent and inspiring call to action. In this thought-provoking book, Dutch philosopher Floris van den Berg proposes a new perspective, called universal subjectivism, which can be adopted by anyone regardless of religious or philosophical orientation. It takes into consideration the universal capacity for suffering and, through raising awareness, seeks to diminish that suffering and increase happiness. With consistent and compelling moral reasoning, van den Berg shows that the world can be organized to ensure more pleasure, beauty, justice, happiness, health, freedom, animal welfare, and sustainability. The author emphasizes that today the near-term future is our greatest challenge: our affluent western lifestyle will soon exceed the limits of the earth's sustainable capacity and must soon change drastically to ward off a worldwide environmental collapse. Knowing this, we should all reevaluate the daily routines we take for granted: taking the car to work, boarding a plane to a business or vacation destination, eating meat, or using plastic bags in stores. There are ethical and ecological objections to each of these examples. In fact, if we applied a strict ethical analysis to our lifestyle, almost nothing we do would pass muster. A lot of avoidable suffering

attaches to our way of life. After reading this book, the world won't look the same. Concluding with an eco-humanist manifesto, this book not only offers much food for thought but, more importantly, an urgent and inspiring call to action.

## *The Inaugural Meeting of the Fairvale Ladies Book Club* - Sophie Green 2017-08-08

\*\*\*THE TOP TEN AUSTRALIAN BESTSELLER\*\*\* 'The perfect novel to curl up with on a cosy night in' Hello 'The story of these resilient women is tender and intimate . . . As heartwarming, fulfilling and Australian as a lamb roast and full-bodied shiraz' Australian Women's Weekly  
LONGLISTED FOR THE INDIE BOOK AWARD FOR DEBUT FICTION  
2018 SHORTLISTED FOR THE AUSTRALIAN BOOK INDUSTRY AWARDS 2018: General Fiction Book of the Year and LONGLISTED FOR THE AUSTRALIAN BOOK INDUSTRY AWARDS 2018: Matt Richell Award for New Writer of the Year  
Books bring them together - but friendship will transform all of their lives. An epic saga of five very different women who come together in the Northern Territory of the 1970s. In 1978 the Northern Territory has begun to self-govern. Cyclone Tracy is a recent memory and telephones not yet a fixture on the cattle stations dominating the rugged outback. Life is hard and people are isolated. But they find ways to connect. Sybil, the matriarch of Fairvale Station, run by her husband, Joe, misses her eldest son, Lachlan. It is up to their second son, Ben, to take his brother's place, while Kate, Sybil's English daughter-in-law, is thousands of miles away from home and finding it difficult to adjust to life at Fairvale. Rita, Sybil's oldest friend, is now living in Alice Springs and working for the Royal Flying Doctor Service. Sallyanne, mother of three, dreams of a life far removed from the dusty town of Katherine where she lives with her difficult husband. And Della, who left Texas for Australia looking for adventure and work on the land, needs some purpose in her life. Sybil comes up with a way to give them all companionship: they all love to read, and she starts a book club. If you loved *The Guernsey Literary and Potato Peel Society*, *The Little Coffee Shop of Kabul* and *The Little Paris Bookshop*, you will devour this story of five different women united by one need: to overcome the vast distances of Australia's Top End with friendship, tears, laughter, books and love. 'An absolute gem of a novel, with the most evocative sense of place . . . A definite treat for any book club' BETTER READING 'This close-knit Australian saga has rightly earned comparisons to *THE THORN BIRDS*' iBOOKS EDITOR 'Adelightful novel... Sophie Green's beautiful mingling of the book club members' lives down through the years is a testament to her clever storytelling... She provides vivid descriptions of both the triumphs and hardships of life in the outback so readers can empathise with all the joys and heartaches experienced by each one' STARTS AT SIXTY \*\*Includes bonus extract from Sophie's heartwarming new novel *The Shelly Bay Ladies Swimming Circle*\*\*

## **Amsterdam** - Russell Shorto 2014-08-12

An endlessly entertaining portrait of the city of Amsterdam and the ideas that make it unique, by the author of the acclaimed *Island at the Center of the World*. Tourists know Amsterdam as a picturesque city of low-slung brick houses lining tidy canals; student travelers know it for its legal brothels and hash bars; art lovers know it for Rembrandt's glorious portraits. But the deeper history of Amsterdam, what makes it one of the most fascinating places on earth, is bound up in its unique geography—the constant battle of its citizens to keep the sea at bay and the democratic philosophy that this enduring struggle fostered. Amsterdam is the font of liberalism, in both its senses. Tolerance for free thinking and free love make it a place where, in the words of one of its mayors, "craziness is a value." But the city also fostered the deeper meaning of liberalism, one that profoundly influenced America: political and economic freedom. Amsterdam was home not only to religious dissidents and radical thinkers but to the world's first great global corporation. In this effortlessly erudite account, Russell Shorto traces the idiosyncratic evolution of Amsterdam, showing how such disparate elements as herring anatomy, naked Anabaptists parading through the streets, and

an intimate gathering in a sixteenth-century wine-tasting room had a profound effect on Dutch-and world-history. Weaving in his own experiences of his adopted home, Shorto provides an ever-surprising, intellectually engaging story of Amsterdam.

**Energising Networks** - Eelke Wielinga 2020-06-01

Society is going through a transition period that is at least as profound as the Enlightenment at the end of the 18th century. It is a transition that makes people look differently at each other and at the world. In the terminology of Otto Scharmer, ego-consciousness is being replaced by eco-consciousness: people will understand that their faith depends on one another and on the eco-systems they are part of. This will not occur without a whole lot of trouble; but it will happen. This book by Eelke Wielinga and Sjoerd Robijn is an inspirational contribution to understanding what is going on. Firstly, because their vision on networks as living organisms, and the energy people experience when they are part of such networks, is explained in a clear and scientific way. Secondly, because the authors have developed a methodology to navigate on this energy in everyday practice. The wingspan of the big story and the concrete application in what you experience in your own practice is what makes this book extraordinary. I recommend this book to anyone who makes efforts to make a world that can be handed over with confidence to future generations. Prof. Herman Wijffels (former CEO RABO Bank and Dutch representative on the World Bank management board)

**Grand Hotel Europa** - Ilja Leonard Pfeijffer 2022-06-14

"[Grand Hotel Europa] calls to mind Nabokov, Tom Wolfe, Baudrillard, Umberto Eco, Wes Anderson . . . [a novel of] incorrigible high spirits." —Rand Richards Cooper, The New York Times Book Review A sweeping, atmospheric novel about European identity, centered on a hotel that encapsulates the continent's manifold contradictions. The love of my life lives in my past. Despite the alliteration it's a terrible line to have to write. I don't want to come to the conclusion, just as the hotel I'm staying in and the continent it is named after, that the best times are behind me and that I've little more to expect of the future than living off my past. A writer takes up residence in the stately but decaying Grand Hotel Europa in order to contemplate where things went wrong with Clio—an art historian and the love of his life. His recollections take him back to when they first met in Genoa, his wanton visits to her in Venice, and their dulcet trips to Malta, Palmaria, Portovenere, and the Cinque Terre in their thrilling search for the last painting made by Caravaggio. Meanwhile, he becomes fascinated by the mysteries of the Grand Hotel Europa and the memorably eccentric characters who inhabit it, all of whom seem to hail from a halcyon era. All the while, globalization is laying claim to even this place, where a sense of lost glory hangs sulkily in the air. Grand Hotel Europa is Ilja Leonard Pfeijffer's masterly novel of the old continent, where there's so much history that there hardly seems space left for a future. Cinematic, lyrical, and brimming with humor, this is a novel about the European condition, which like the staff and residents of the Grand Hotel Europa may have already seen its best days.

**The Sisters of Auschwitz** - Roxane van Iperen 2021-08-31

A New York Times bestseller The unforgettable story of two unsung heroes of World War II: sisters Janny and Lien Brilleslijper who joined the Dutch Resistance, helped save dozen of lives, were captured by the Nazis, and ultimately survived the Holocaust. Eight months after Germany's invasion of Poland, the Nazis roll into The Netherlands, expanding their reign of brutality to the Dutch. But by the Winter of 1943, resistance is growing. Among those fighting their brutal Nazi occupiers are two Jewish sisters, Janny and Lien Brilleslijper from Amsterdam. Risking arrest and death, the sisters help save others, sheltering them in a clandestine safehouse in the woods, they called "The High Nest." This secret refuge would become one of the most important Jewish safehouses in the country, serving as a hiding place and underground center for resistance partisans as well as artists condemned by Hitler. From The High Nest, an underground web of artists arises, giving hope and light to those living in terror in Holland as they begin to restore the dazzling pre-war life of Amsterdam and The Hague. When the house and its occupants are eventually betrayed, the most terrifying time of the sisters' lives begins. As Allied troops close in, the Brilleslijper family are rushed onto the last train to Auschwitz, along with Anne Frank and her family. The journey will bring Janny and Lien close to Anne and her older sister Margot. The days ahead will test the sisters beyond human imagination as they are stripped of everything but their courage, their resilience, and their love for each other. Based on meticulous research and unprecedented access to the Brilleslijpers' personal archives of memoirs and photos, Sisters of Auschwitz is a long-

overdue homage to two young women's heroism and moral bravery—and a reminder of the power each of us has to change the world.

**Science, Freedom, Democracy** - Péter Hartl 2021-03-22

This book addresses the complex relationship between the values of liberal democracy and the values associated with scientific research. The chapters explore how these values mutually reinforce or conflict with one another, in both historical and contemporary contexts. The contributors utilize various approaches to address this timely subject, including historical studies, philosophical analysis, and sociological case studies. The chapters cover a range of topics including academic freedom and autonomy, public control of science, the relationship between scientific pluralism and deliberative democracy, lay-expert relations in a democracy, and the threat of populism and autocracy to scientific inquiry. Taken together the essays demonstrate how democratic values and the epistemic and non-epistemic values associated with science are interconnected. Science, Freedom, Democracy will be of interest to scholars and graduate students working in philosophy of science, history of philosophy, sociology of science, political philosophy, and epistemology.

**Stromboli** - Saskia Noort 2021-03-08

Hundreds of thousands of readers enjoy the joined column by writers' couple Sara and Karel on a daily basis, where they report openly about their life as a family. But behind this facade of their bohemian lifestyle a daily life filled with envy, resentment and even violence is festering. After another nocturnal escalation it's game over: Sara decides to leave Karel. Soon after Sara becomes isolated - nobody wants anything to do with her any longer. In order to get her life back on track she checks into a retreat on the idyllic volcanic island of Stromboli. Led by a world-famous guru she - along with a motley crew of allies - indulges in role-play and exercises that keep pushing the envelope. What should have become a fresh start results in a descent into parts of the past she'd rather have kept hidden.

**Criminal Case 40/61, the Trial of Adolf Eichmann** - Harry Mulisch 2009-04-24

In his coverage of the Eichmann Trial, Harry Mulisch offers a portrayal of the process, of the man, and of the implications of the efficiency of evil.

**Compliance Capitalism** - Sidney Dekker 2021-08-02

In this book, Sidney Dekker sets out to identify the market mechanisms that explain how less government paradoxically leads to greater compliance burdens. This book gives shape and substance to a suspicion that has become widespread among workers in almost every industry: we have to follow more rules than ever—and still, things can go spectacularly wrong. Much has been privatized and deregulated, giving us what is sometimes known as 'new public management,' driven by neoliberal, market-favoring policies. But, paradoxically, we typically have more rules today, not fewer. It's not the government: it's us. This book is the first of a three-part series on the effects of 'neoliberalism,' which promotes the role of the private sector in the economy. Compliance Capitalism examines what aspects of the compliance economy, what mechanisms of bureaucratization, are directly linked to us having given free markets a greater reign over our political economy. The book steps through them, picking up the evidence and levers for change along the way. Dekker's work has always challenged readers to embrace more humane, empowering ways to think about work and its quality and safety. In Compliance Capitalism, Dekker extends his reach once again, writing for all managers, board members, organization leaders, consultants, practitioners, researchers, lecturers, students, and investigators curious to understand the genuine nature of organizational and safety performance.

**Neem je plek** - Nanko Boerma 2022-07-29

Er wordt veel gesproken en geschreven over het 'democratisch tekort'. Denk bijvoorbeeld aan de Toeslagenaffaire, schijnbaar zinloze inspraakavonden en (afgewezen) WOB-verzoeken. Maar dat 'democratische tekort' ligt niet in Den Haag, maar naast de deur. De claim is dat we in een democratische rechtstaat leven. De realiteit is dat we over de meeste dingen die voor ons écht belangrijk zijn niet zo heel veel te vertellen hebben. Dat hiërarchische, top-down sturing niet meer werkt, is de uitkomst van nagenoeg alle recente parlementaire enquêtes. Het is de hoogste tijd om de publieke ruimte zo in te richten dat de burgers zelf, spelend en handelend, het initiatief weer krijgen. Ruim baan voor de 'dikke ik'? Nee, integendeel: acterende burgers zijn autonoom, loyaal, betrokken en oordeelkundig. Transacties zullen nooit stabiel zijn als ze geen waardevolle verbinding vormen, die voor alle betrokkenen een plus opleveren. De staat is verantwoordelijk voor de

inrichting en bescherming van de publieke ruimte. Wij, de burgers zijn de staat. 'Neem je plek' roept de lezer op om een acterend burger te worden, en laat zien wat we daarvoor samen te doen hebben.

**The Discomfort of Evening** - Marieke Lucas Rijneveld 2020-08-18  
WINNER OF THE 2020 INTERNATIONAL BOOKER PRIZE A stark and gripping tale of childhood grief from one of the most exciting new voices in Dutch literature Ten-year-old Jas lives with her strictly religious parents and her siblings on a dairy farm where waste and frivolity are akin to sin. Despite the dreary routine of their days, Jas has a unique way of experiencing her world: her face soft like cheese under her mother's hands; the texture of green warts, like capers, on migrating toads in the village; the sound of "blush words" that aren't in the Bible. One icy morning, the disciplined rhythm of her family's life is ruptured by a tragic accident, and Jas is convinced she is to blame. As her parents' suffering makes them increasingly distant, Jas and her siblings develop a curiosity about death that leads them into disturbing rituals and fantasies. Cocooned in her red winter coat, Jas dreams of "the other side" and of salvation, not knowing where this dreaming will finally lead her. A bestseller in the Netherlands, Marieke Lucas Rijneveld's radical debut novel *The Discomfort of Evening* offers readers a rare vision of rural and religious life in the Netherlands. In it, they ask: In the absence of comfort and care, what can the mind of a child invent to protect itself? And what happens when that is not enough? With stunning psychological acuity and images of haunting, violent beauty, Rijneveld has created a captivating world of language unlike any other.

*Beast* - Paul Kingsnorth 2017-08

Originally published: London: Faber & Faber, 2016.

**Busy** - Tony Crabbe 2015-07-07

Business psychologist Tony Crabbe outlines a unique three-step approach to combating one of the modern life's great problems: being too busy. So many people feel far too busy—unable to work properly on the things that are important to them and stuck in a rut. This book, written by a well-connected business psychologist, puts that feeling in context and provides practical solutions for people to become happier, more motivated and more successful. If you want to take control of your career—and your life—make sure you're not too busy to read to this book. Today's world is one of too much: too much work to do, too much communication, too much competition, too much uncertainty and too much information. We are striving to keep up, but inevitably we're falling behind, leaving us with a nagging sense of failure that is hard to shake off. In *Busy*, Tony Crabbe debunks the myth that satisfaction at work comes from getting everything done. Instead, he demonstrates that what will enable you to thrive is regaining a sense of mastery over your life, focusing on making an impact, engaging with loved ones and creating the momentum necessary to make changes. *Busy* is divided into three digestible sections—Mastery, Differentiation, and Engagement—that will teach readers how to switch from managing time to managing attention, how to transition toward a career strategy that doesn't hinge on productivity, how to think differently about success by re-engaging with what matters, and how to create the impetus, energy, and clarity to put all these changes into effect. Crabbe draws on entertaining psychological studies to show why we're getting it wrong at the moment and to develop a fresh new approach to taking back one's life from chaotic outside forces.

*The Island at the Center of the World* - Russell Shorto 2005-04-12

In a riveting, groundbreaking narrative, Russell Shorto tells the story of New Netherland, the Dutch colony which pre-dated the Pilgrims and established ideals of tolerance and individual rights that shaped American history. "Astonishing . . . A book that will permanently alter the way we regard our collective past." --The New York Times When the British wrested New Amsterdam from the Dutch in 1664, the truth about its thriving, polyglot society began to disappear into myths about an island purchased for 24 dollars and a cartoonish peg-legged governor. But the story of the Dutch colony of New Netherland was merely lost, not destroyed: 12,000 pages of its records—recently declared a national treasure—are now being translated. Russell Shorto draws on this remarkable archive in *The Island at the Center of the World*, which has been hailed by *The New York Times* as "a book that will permanently alter the way we regard our collective past." The Dutch colony pre-dated the "original" thirteen colonies, yet it seems strikingly familiar. Its capital was cosmopolitan and multi-ethnic, and its citizens valued free trade, individual rights, and religious freedom. Their champion was a progressive, young lawyer named Adriaen van der Donck, who emerges in these pages as a forgotten American patriot and whose political vision brought him into conflict with Peter Stuyvesant, the autocratic director

of the Dutch colony. The struggle between these two strong-willed men laid the foundation for New York City and helped shape American culture. *The Island at the Center of the World* uncovers a lost world and offers a surprising new perspective on our own.

**De meeste mensen deugen. Een nieuwe geschiedenis van de mens** - Rutger Bregman 2019

De mens is een beest, zeiden de koningen. Een zondaar, zeiden de priesters. Een egoïst, zeiden de boekhouders. Al eeuwen is de westerse cultuur doordrongen van het geloof in de verdorvenheid van de mens. 0Maar wat als we het al die tijd mis hadden? 0In dit boek verweeft Rutger Bregman de jongste inzichten uit de psychologie, de economie, de biologie en de archeologie. Hij neemt ons mee op een reis door de geschiedenis en geeft nieuwe antwoorden op oude vragen. Waarom veroverde juist onze soort de aarde? Hoe verklaren we onze grootste misdaden? En zijn we diep vanbinnen geneigd tot het kwade of het goede? 0'De meeste mensen deugen' herschrijft niet alleen de geschiedenis, maar werpt ook nieuw licht op onze toekomst.

*Visual Intelligence* - Amy E. Herman 2016-05-03

An engrossing guide to seeing—and communicating—more clearly from the groundbreaking course that helps FBI agents, cops, CEOs, ER docs, and others save money, reputations, and lives. How could looking at Monet's water lily paintings help save your company millions? How can checking out people's footwear foil a terrorist attack? How can your choice of adjective win an argument, calm your kid, or catch a thief? In her celebrated seminar, the Art of Perception, art historian Amy Herman has trained experts from many fields how to perceive and communicate better. By showing people how to look closely at images, she helps them hone their "visual intelligence," a set of skills we all possess but few of us know how to use properly. She has spent more than a decade teaching doctors to observe patients instead of their charts, helping police officers separate facts from opinions when investigating a crime, and training professionals from the FBI, the State Department, Fortune 500 companies, and the military to recognize the most pertinent and useful information. Her lessons highlight far more than the physical objects you may be missing; they teach you how to recognize the talents, opportunities, and dangers that surround you every day. Whether you want to be more effective on the job, more empathetic toward your loved ones, or more alert to the trove of possibilities and threats all around us, this book will show you how to see what matters most to you more clearly than ever before. Please note: this ebook contains full-color art reproductions and photographs, and color is at times essential to the observation and analysis skills discussed in the text. For the best reading experience, this ebook should be viewed on a color device.

*Humankind* - Rutger Bregman 2020-06-02

AN INSTANT NEW YORK TIMES BESTSELLER The "lively" (*The New Yorker*), "convincing" (*Forbes*), and "riveting pick-me-up we all need right now" (*People*) that proves humanity thrives in a crisis and that our innate kindness and cooperation have been the greatest factors in our long-term success as a species. If there is one belief that has united the left and the right, psychologists and philosophers, ancient thinkers and modern ones, it is the tacit assumption that humans are bad. It's a notion that drives newspaper headlines and guides the laws that shape our lives. From Machiavelli to Hobbes, Freud to Pinker, the roots of this belief have sunk deep into Western thought. Human beings, we're taught, are by nature selfish and governed primarily by self-interest. But what if it isn't true? International bestseller Rutger Bregman provides new perspective on the past 200,000 years of human history, setting out to prove that we are hardwired for kindness, geared toward cooperation rather than competition, and more inclined to trust rather than distrust one another. In fact this instinct has a firm evolutionary basis going back to the beginning of *Homo sapiens*. From the real-life Lord of the Flies to the solidarity in the aftermath of the Blitz, the hidden flaws in the Stanford prison experiment to the true story of twin brothers on opposite sides who helped Mandela end apartheid, Bregman shows us that believing in human generosity and collaboration isn't merely optimistic—it's realistic. Moreover, it has huge implications for how society functions. When we think the worst of people, it brings out the worst in our politics and economics. But if we believe in the reality of humanity's kindness and altruism, it will form the foundation for achieving true change in society, a case that Bregman makes convincingly with his signature wit, refreshing frankness, and memorable storytelling. "The Sapiens of 2020." —*The Guardian* "Humankind made me see humanity from a fresh perspective." —Yuval Noah Harari, author of the #1 bestseller *Sapiens* Longlisted for the 2021 Andrew Carnegie Medal for Excellence in Nonfiction One of the Washington Post's 50

Notable Nonfiction Works in 2020

**Addicted to love** - Jan Geurtz 2017-05-10

In *Addicted to Love*, Jan Geurtz clearly demonstrates how our search for love and approval stems from a fundamental self-rejection. We try to compensate for this by seeking other people's appreciation. But this is counterproductive: it actually makes us more insecure and therefore increasingly dependent. This creates an addiction to love, approval and the security of a relationship. As a result, most romantic relationships eventually fail, or – perhaps even worse – are reduced to dreary co-existence with little room for growth and happiness. With humour and practical examples, Jan Geurtz shows a way out of this vicious circle. Once we have let go of self-rejection, we find that our painful emotions, and also our sexual desires, are the gateway to a state of being that is completely free of restriction and dependence, and is filled with love and clarity – with or without a relationship. Jan Geurtz has written several books on addictions, including the bestseller *Quit Smoking in One Day*. He studied remedial pedagogy, education sciences and philosophy of science, and is inspired by Buddhism.

**The Shadow Sister** - Lucinda Riley 2017

"Star D'Aliaese is at a crossroads in her life after the sudden death of her beloved father—the elusive billionaire, affectionately called Pa Salt by his six daughters, all adopted from across the four corners of the world. He has left each of them a clue to her true heritage, and Star nervously decides to follow hers, which leads her to an antiquarian bookshop in London, and the start of a whole new world. A hundred years earlier, headstrong and independent Flora MacNichol vows she will never marry. She is happy and secure in her home in England's picturesque Lake District—just a stone's throw away from the residence of her childhood idol, Beatrix Potter—when machinations lead her to London, and the home of one of Edwardian society's most notorious society hostesses, Alice Keppel"—Amazon.com.

**People Like Us** - Joris Luyendijk 2010-08

In her own life and through her work with others, Victoria Castle has repeatedly encountered the tragic theme of not-enough-ness—both the I am not enough and There is not enough varieties—and witnessed how it cripples even the most b...

**Professionaliteit in de zorg** - P.J. van Dijken 2021-04-02

Dit boek zet aan tot reflectie en gesprekken over thema's en dilemma's in de zorg. Het is geschreven voor iedereen die in de zorg wil gaan werken of al werkzaam is. Cruciaal bij de ontwikkeling van professionaliteit in de zorg is reflecteren op je eigen denken, doen en laten. Dit boek wil studenten en (pas afgestudeerde) professionals hierbij helpen. Het bevat een reeks actuele betogen over (para)medische onderwerpen die helpen om antwoorden te formuleren op vragen als: Wat betekent professioneel zijn voor mij? Wat is goede zorg? Wat laat ik van mezelf zien in mijn werk? Hoe blijf ik bezielde, ondanks de hoge werkdruk? Hoe werk ik goed samen met collega's? Hoe ga ik om met conflicten op de werkvloer? Wat moet ik doen als er iets fout gaat? Ook maatschappelijke onderwerpen als medicalisering, de relatie met de farmaceutische industrie, digitalisering en de groeiende invloed van medische technologie komen aan bod. De hoofdstukken zijn zeer geschikt om te gebruiken in werkgroepen, bij intervisiebijeenkomsten of op refereeravonden. De redactie, zelf werkzaam in het medisch onderwijs, selecteerde dertig relevante onderwerpen. De bijdragen in dit boek komen van ervaren artsen, docenten aan vele universiteiten of aanverwante opleidingen, beleidsmakers en politici. Zo is een gevarieerd boek ontstaan dat prikkelt, uitdaagt en hier en daar provokeert. Het helpt jonge zorgverleners bij de ontwikkeling van hun persoonlijke én professionele identiteit.

**Mama's Last Hug: Animal Emotions and What They Tell Us about Ourselves** - Frans de Waal 2019-03-12

New York Times best-selling author and primatologist Frans de Waal explores the fascinating world of animal and human emotions. Frans de Waal has spent four decades at the forefront of animal research. Following up on the best-selling *Are We Smart Enough to Know How Smart Animals Are?*, which investigated animal intelligence, *Mama's Last Hug* delivers a fascinating exploration of the rich emotional lives of animals. *Mama's Last Hug* begins with the death of Mama, a chimpanzee matriarch who formed a deep bond with biologist Jan van Hooff. When Mama was dying, van Hooff took the unusual step of visiting her in her night cage for a last hug. Their goodbyes were filmed and went viral. Millions of people were deeply moved by the way Mama embraced the professor, welcoming him with a big smile while reassuring him by patting his neck, in a gesture often considered typically human but that is in fact common to all primates. This story and others like it form the

core of de Waal's argument, showing that humans are not the only species with the capacity for love, hate, fear, shame, guilt, joy, disgust, and empathy. De Waal discusses facial expressions, the emotions behind human politics, the illusion of free will, animal sentience, and, of course, Mama's life and death. The message is one of continuity between us and other species, such as the radical proposal that emotions are like organs: we don't have a single organ that other animals don't have, and the same is true for our emotions. *Mama's Last Hug* opens our hearts and minds to the many ways in which humans and other animals are connected, transforming how we view the living world around us.

**Do Disrupt** - Mark Shayler 2018-05-15

Do Books provide readers with the tools and inspiration to live a fulfilled and engaged life. Whether it's mastering a new skill, cultivating a positive mindset, or finding inspiration for a new project, these books dispense expert wisdom on subjects related to personal growth, business, and slow living. Written by the movers, shakers, and change makers who have participated in the DO Lectures in the United Kingdom and the United States, Do Books are packed with easy-to-follow exercises, bite-size tips, and striking visuals. Practical, useful, and encouraging, each book delivers trustworthy, empowering guidance so readers can succeed in whatever they choose to "do." In *Do Disrupt*, brand consultant Mark Shayler delivers authoritative advice on how to be a strategic, bold, and decisive change maker. Full of tried-and-true tips plus rousing quotes from history's most notable innovators, this book gives anyone with an entrepreneurial spirit the tools they need to make their big idea a reality. *Amsterdam* - Geert Mak 2010-09-30

A magnet for trade and travellers from all over the world, stylish, cosmopolitan Amsterdam is a city of dreams and nightmares, of grand civic architecture and legendary beauty, but also of civil wars, bloody religious purges, and the tragedy of Anne Frank. In this fascinating examination of the city's soul, part history, part travel guide, Geert Mak imaginatively recreates the lives of the early Amsterdammers, and traces Amsterdam's progress from waterlogged settlement to a major financial centre and thriving modern metropolis

**Position Papers - February 2023** - Position Papers Team

Editorial Gavan Jennings In Passing: Doctor Zhivago - a masterpiece revisited Michael Kirke Rediscovering Waugh (Part One) James Bradshaw The forgotten killing fields of Europe Tim O'Sullivan Humankind: A Hopeful History Gavan Jennings Why men have few friends David Gibney Prince Harry's autobiography is a Niagara of self-pity Kurt Mahlborg

**Different: Gender Through the Eyes of a Primatologist** - Frans de Waal 2022-04-05

"Every new book by Frans de Waal is a cause for excitement, and this one is no different. A breath of fresh air in the cramped debate about the differences between men and women. Fascinating, nuanced, and very timely." —Rutger Bregman, author of *Humankind: A Hopeful History* In *Different*, world-renowned primatologist Frans de Waal draws on decades of observation and studies of both human and animal behavior to argue that despite the linkage between gender and biological sex, biology does not automatically support the traditional gender roles in human societies. While humans and other primates do share some behavioral differences, biology offers no justification for existing gender inequalities. Using chimpanzees and bonobos to illustrate this point—two ape relatives that are genetically equally close to humans—de Waal challenges widely held beliefs about masculinity and femininity, and common assumptions about authority, leadership, cooperation, competition, filial bonds, and sexual behavior. Chimpanzees are male-dominated and violent, while bonobos are female-dominated and peaceful. In both species, political power needs to be distinguished from physical dominance. Power is not limited to the males, and both sexes show true leadership capacities. *Different* is a fresh and thought-provoking approach to the long-running debate about the balance between nature and nurture, and where sex and gender roles fit in. De Waal peppers his discussion with details from his own life—a Dutch childhood in a family of six boys, his marriage to a French woman with a different orientation toward gender, and decades of academic turf wars over outdated scientific theories that have proven hard to dislodge from public discourse. He discusses sexual orientation, gender identity, and the limitations of the gender binary, exceptions to which are also found in other primates. With humor, clarity, and compassion, *Different* seeks to broaden the conversation about human gender dynamics by promoting an inclusive model that embraces differences, rather than negating them.

**Against Elections** - David Van Reybrouck 2018-04-17

A small book with great weight and urgency to it, this is both a history of

democracy and a clarion call for change. "Without drastic adjustment, this system cannot last much longer," writes Van Reybrouck, regarded today as one of Europe's most astute thinkers. "If you look at the decline in voter turnout and party membership, and at the way politicians are held in contempt, if you look at how difficult it is to form governments, how little they can do and how harshly they are punished for it, if you look at how quickly populism, technocracy and anti-parliamentarianism are rising, if you look at how more and more citizens are longing for participation and how quickly that desire can tip over into frustration, then you realize we are up to our necks." Not so very long ago, the great battles of democracy were fought for the right to vote. Now, Van Reybrouck writes, "it's all about the right to speak, but in essence it's the same battle, the battle for political emancipation and for democratic participation. We must decolonize democracy. We must democratize democracy." As history, Van Reybrouck makes the compelling argument that modern democracy was designed as much to preserve the rights of the powerful and keep the masses in line, as to give the populace a voice. As change-agent, *Against Elections* makes the argument that there are forms of government, what he terms sortitive or deliberative democracy, that are beginning to be practiced around the world, and can be the remedy we seek. In Iceland, for example, deliberative democracy was used to write the new constitution. A group of people were chosen by lot, educated in the subject at hand, and then were able to decide what was best, arguably, far better than politicians would have. A fascinating, and workable idea has led to a timely book to remind us that our system of government is a flexible instrument, one that the people have the power to change.

Utopia for Realists - Rutger Bregman 2017-03-14

Universal basic income. A 15-hour workweek. Open borders. Does it sound too good to be true? One of Europe's leading young thinkers shows how we can build an ideal world today. "A more politically radical Malcolm Gladwell." --New York Times After working all day at jobs we often dislike, we buy things we don't need. Rutger Bregman, a Dutch historian, reminds us it needn't be this way-and in some places it isn't. Rutger Bregman's TED Talk about universal basic income seemed impossibly radical when he delivered it in 2014. A quarter of a million views later, the subject of that video is being seriously considered by leading economists and government leaders the world over. It's just one of the many utopian ideas that Bregman proves is possible today. *Utopia for Realists* is one of those rare books that takes you by surprise and challenges what you think can happen. From a Canadian city that once completely eradicated poverty, to Richard Nixon's near implementation of a basic income for millions of Americans, Bregman takes us on a journey through history, and beyond the traditional left-right divides, as he champions ideas whose time have come. Every progressive milestone of civilization-from the end of slavery to the beginning of democracy-was once considered a utopian fantasy. Bregman's book, both challenging and bracing, demonstrates that new utopian ideas, like the elimination of poverty and the creation of the fifteen-hour workweek, can become a reality in our lifetime. Being unrealistic and unreasonable can in fact make the impossible inevitable, and it is the only way to build the ideal world.

Words Can Change Your Brain - Andrew Newberg 2013-07-30

In our default state, our brains constantly get in the way of effective communication. They are lazy, angry, immature, and distracted. They can make a difficult conversation impossible. But Andrew Newberg, M.D., and Mark Waldman have discovered a powerful strategy called Compassionate Communication that allows two brains to work together as one. Using brain scans as well as data collected from workshops given to MBA students at Loyola Marymount University, and clinical data from both couples in therapy and organizations helping caregivers cope with patient suffering, Newberg and Waldman have seen that Compassionate Communication can reposition a difficult conversation to lead to a satisfying conclusion. Whether you are negotiating with your boss or your spouse, the brain works the same way and responds to the same cues. The truth, though, is that you don't have to understand how Compassionate Communication works. You just have to do it. Some of the simple and effective takeaways in this book include: • Make sure you are relaxed; yawning several times before (not during) the meeting will do the trick • Never speak for more than 20-30 seconds at a time. After that they other person's window of attention closes. • Use positive speech; you will need at least three positives to overcome the effect of every negative used • Speak slowly; pause between words. This is critical, but really hard to do. • Respond to the other person; do not shift the conversation. • Remember that the brain can only hold onto about four

ideas at one time Highly effective across a wide range of settings, Compassionate Communication is an excellent tool for conflict resolution but also for simply getting your point across or delivering difficult news.

The New Tsar - Steven Lee Myers 2015

"The epic tale of the rise to power of Russia's current president-- of his emergence from shrouded obscurity and deprivation to become one of the most consequential and complicated leaders in modern history." -- Grip - Rick Pastoor 2022-02-08

"If you feel like a hostage of your to-do list and struggle to find time for what matters most, this book will be a huge help." —Daniel H. Pink, #1 New York Times bestselling author of *When and Drive We're all familiar with the signs that things are getting out of hand. The week has barely started and already you're playing catch-up. At the end of another busy day, your to-do list is longer than it was that morning, your inbox overflowing with other people's asks. At times like those, no matter how hard we work, it can feel like we're spinning our wheels. Enter GRIP: The Art of Working Smart, by Dutch entrepreneur and bestselling author Rick Pastoor. GRIP is a fresh and forgiving guide that helps you get things done and free up time for what's important to you. In the space of one year, Rick went from being a 25-year-old engineering hire to leading a team of 30 at Blendle, the New York Times-backed journalism startup. It was clear he needed a new way of working. And fast. So, Rick started experimenting. He'd keep what worked, ditch what didn't, and share with coworkers what he learned along the way. The result is GRIP: a flexible collection of tools and insights that helped the team do their best work. Now it can do the same for you. An overnight sensation in Holland, this bestseller has helped thousands find clarity amid the chaos of our demanding times. Now available in English, for everyone who's looking to reclaim their sanity and add direction to even the most hectic days and weeks. Rick's friendly, no-nonsense approach makes it easy to dive in. The book's pick-and-choose structure, complete with cheat sheets for each section, means you can start applying what you need straightaway. GRIP walks you through: Unlocking the power of everyday tools you're already using like a calendar, to-do list, and email Lowering the volume on distractions to find your focus And freeing up room to think big and grow So you can get started on making your dreams a reality.*

**Kimmerle's Intercultural Philosophy and Beyond: The Ongoing Quest for Epistemic Justice** - Schepen, Renate

Zie mij - Lut Celie 2022-10-19

Onze jongeren zenden signalen uit. Ze zijn hyper, hebben zelfdodingsgedachten, vragen zich af 'Wie ben ik?'. We noemen hen verward, stellen diagnoses, schrijven pillen voor. Maar tonen zij symptomen van een ziekte? Of zijn het gezonde reacties op een samenleving op drift? Het is vijf voor twaalf. Onze jongeren leven in een verliesmaatschappij, voelen zich eenzaam en vinden zelden rust. Velen missen écht nestgevoel, liefdevolle aandacht en vooral goede gidsen op hun pad, zo blijkt uit de beklijvende verhalen van Lut Celie en de therapeuten van De Bleekweide in dit boek. Is er dan sprake van een lost generation? Absoluut niet: we kunnen het tij nog keren. Als we tenminste leren om jongeren écht te zien, met al hun krachtige emoties. Als we luisteren naar wat er achter die emoties schuilgaat. Als we resoluut kiezen voor een zorgzame, verbindende opvoeding en zo onze jongeren een veilige bodem geven om op te groeien. 'Kinderen en jongeren hebben geen behoefte aan een wereld die opwarmt en overstroomt, die cynische oorlogen voert, die het strijdmodel boven de verbinding verkiest, daar is toch iets grondig mis mee? Dat is toch geen mooi voorbeeld van hoe je het, mensen onder elkaar, organiseert? Zo knap als deze generatie vind je ze zelden. De jongeren leren ons extreem veel. Zij voelen dat de bestaande paradigma's rammelen, dat er iets broebelt in de bodem. De jongeren zijn de "jus" voor onze toekomst. Ze zijn onze kanaries in de kolenmijn.' 'Het is van levensbelang om in alle rust te mogen aarden in een veilige groep, in een gezin, samengesteld of niet, in een extended family, maakt niet uit wat. Als je maar het gevoel krijgt ergens bij te horen. Belonging heet dat in het Engels. Helaas hebben veel kinderen vandaag het gevoel nergens thuis te horen.' - Lut Celie

Understanding Interaction - Bert Bongers 2021-12-22

*Understanding Interaction* explores the interaction between people and technology in the broader context of the relations between the human-made and the natural environments. It is not just about digital technologies – our computers, smartphones, the Internet – but all our technologies, such as mechanical, electrical, and electronic. Our ancestors started creating mechanical tools and shaping their environments millions of years ago, developing cultures and languages, which in turn influenced our evolution. Volume 1 looks into this deep

history, starting from the tool-creating period (the longest and most influential on our physical and mental capacities) to the settlement period (agriculture, domestication, villages and cities, written language), the industrial period (science, engineering, reformation, and renaissance), and finally the communication period (mass media, digital technologies, and global networks). Volume 2 looks into humans in interaction - our physiology, anatomy, neurology, psychology, how we experience and influence the world, and how we (think we) think. From this transdisciplinary understanding, design approaches and frameworks are presented to potentially guide future developments and innovations. The aim of the book is to be a guide and inspiration for designers, artists, engineers, psychologists, media producers, social scientists, etc., and, as such, be useful for both novices and more experienced practitioners.

Image Credit: Still of interactive video pattern created with a range of motion sensors in the Facets kaleidoscopic algorithm (based underwater footage of seaweed movement) by the author on 4 February 2010, for a lecture at Hyperbody at the Faculty of Architecture, TU Delft, NL.

The Great Alone - Tim Voors 2019-04-16

Why does a 44-year-old father leave his family for six months to walk 4,286 km across America on the Pacific Crest Trail? What effect does it have on his marriage? on his children? and on himself? Following his intuition, Tim Voors decided to embark on a life-changing hike, feeling alive, being afraid, pushing through pain, confronting emptiness and starting a passionate romance with the wilderness. Tim Voors takes us through the physical, mental and spiritual journey he experienced on this epic hike. Climb into his backpack as he takes you through deserts, mountains, forests and raging rivers, where he forges magical friendships, rediscovers who he used to be, and implements those lessons on returning home.

**Paris** - Maarten Vande Wiele 2012-02-01

A pitch-black and wonderfully trashy comedy based on stories and gossip from the world of fashion and showbiz, Paris is both lyrical and critical of

a society that is obsessed with beauty, money, status and power. The first part, *I Love Paris*, tells the story of three friends who each want to make it. Hope hopes for a successful modelling career despite a big scar on her face. Faith has faith that she will make it big as a singer, while Chastity literally sleeps her way to the top - as a porn star. The second part, *I hate Paris*, goes on to tell of their rise - and fall.

*Going to the Mountain* - Ndaba Mandela 2018-06-26

The first-ever book to tell Nelson Mandela's life through the eyes of the grandson who was raised by him, chronicling Ndaba Mandela's life living with, and learning from, one of the greatest leaders and humanitarians the world has ever known. To the rest of the world, Nelson Mandela was a giant: an anti-apartheid revolutionary, a world-renowned humanitarian, and South Africa's first black president. To Ndaba Mandela, he was simply "Granddad." In *Going to the Mountain*, Ndaba tells how he came to live with Mandela shortly after he turned eleven--having met each other only once, years before, when Mandela was imprisoned at Victor Verster Prison--and how the two of them slowly, cautiously built a relationship that would affect both their lives in extraordinary ways. It wasn't an easy transition. Mandela had high expectations for those around him, especially his family, and Ndaba chafed at the strict rules and exacting guidelines in his grandfather's home. But at the same time--through overheard calls from foreign dignitaries as well as the Xhosa folk wisdom that his grandfather shared with him at every opportunity--Ndaba was learning how to be a man. On a scale both personal and epic, Ndaba's extraordinary journey mirrors that of South Africa's coming of age--from the segregated Soweto ghettos into which he was born to the privileged life in which he grew up and the turbulent yet exciting times in which he carries on his grandfather's legacy. *Going to the Mountain* is, in the end, a story about unlocking the power within each of us. It's a cautionary tale about how a child's life can go one way or the other, depending upon the intervention of a caring soul--and about the awesome power of love to serve as a catalyst for change.